Tribulations consists of five songs by different poets. Three are dedicated to friends. "The Purist", poem by Ogdon Nash, salutes Bernard Jacobson, a man of the right word in the right place, with the right punctuation. "Mother Doesn't Want a Dog", poem by Judith Viorst, acknowledges the domestic agility of Bette Snapp. "And Into the Garden Elizabeth Ran", text by A.E. Housman, celebrates the acquisition by Anne Murray Davison not of a sister named Elizabeth but rather a husband named Mark. The remaining two songs, undetectable, are "Careless Talk", poem by Mark Hollis, and "Henry King", poem by Hillaire Belloc.

These songs were premièred by Dawn Upshaw and Margo Garrett at Kathryn Bache Miller Theater, New York City, on October 3, 1980.

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